



# SHORT BREAKS IN LAMBETH



## MULTI SPORTS SESSIONS FOR CHILDREN & YOUNG ADULTS

WITH

## SPECIAL EDUCATIONAL NEEDS & DISABILITIES

## WHAT IS SHORT BREAKS

Moving Matters working with Lambeth council offer an Inclusive sports programme accessible to children with disabilities and special needs.

The project aims to provide children and young people from aged - 19 with opportunities to take part in sport and physical activity in both a school and community setting.

## SHORT BREAKS SESSIONS IN THE COMMUNITY

### Lambeth College

45 Clapham Common South Side  
London, SW4 9BL

Every Saturday  
Multi-sport session 1pm - 3pm

### Brixton Recreation Centre

27 Brixton Station Road  
London, SW9 8QQ

Every Saturday  
Multi-sport session 2pm - 4pm  
Football session 5pm - 7pm

FOR MORE INFORMATION PLEASE CONTACT

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