### Year 5/6 Tag Rugby: Lesson 2 Passing (Under pressure and in a team)

**Learning objective:**
1. Be able to pass away from defenders
2. Make good decisions when to pass

<table>
<thead>
<tr>
<th>Lesson Structure</th>
<th>With timings</th>
<th>Differentiation (Extension/Support)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Introduction/ warm up (Connection and Activation)</strong></td>
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<td><strong>Time bomb</strong></td>
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<td>* Children move and pass the ball to different people in a large area.</td>
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</tbody>
</table>
| * Count down from 5 and if you have possession of the ball you lose a life. Children also lose a life if they make a bad pass. | 5-10 | Extend:  
  - Encourage passing speed.  
  - Increase the distance of the pass.  
  Support:  
  - Decrease the passing distance.  
  - Use more balls. |
| **Main (Development/ Application)** | 10 | Extend:  
  - Children can only pass over a small distance-this will encourage a higher number of passes.  
  - Make groups smaller.  
  Support:  
  - Children can take 3 steps before passing.  
  - Make groups larger.  
  - Defenders can only walk. |
| **Race to the space** |             |                                     |
| * Set up two try lines apart from each other. |
| * In groups of 3-5 children aim to move the ball from one try line to the other. Children cannot run with the ball, so must organize their passing distance. | 10-15 | Extend:  
  - Attackers have to make a certain number of passes before they can score a try.  
  - Tries don’t count if the ball carrier gets tagged.  
  - Children can only pass backwards in the direction they are running (when in a 3 v 3 situation).  
  Support:  
  - Children can run with the ball at the start of ‘Scoring zones’.
  - Create more try lines. |
| **What should the ball carrier have options on either side of the ball? To make it harder to defend.** |             |                                     |
| **Scoring zones** |             |                                     |
| * Set up a number of try lines in the area. Children aim to score as many tries as they can in a set time. |
| * Children cannot move with the ball and defenders can only intercept the ball. | 10-15 | Extend:  
  - Children can run with the ball at the start of ‘Scoring zones’.
  - Create more try lines.  
  Support:  
  - Children can run with the ball at the start of ‘Scoring zones’.  
  - Create more try lines. |
| **Progression** |             |                                     |
| * Introduce defenders in the middle area so children have to move away from them and pass into space. |
| **Progression** |             |                                     |
| * Now children can run with the ball and defenders can now tag the ball carriers.  
  * Put children into 3 v 3’s and once a try is scored, the attackers become the defenders and the defenders become the attackers. | 10-15 | Extend:  
  - Children can run with the ball at the start of ‘Scoring zones’.  
  - Create more try lines.  
  Support:  
  - Children can run with the ball at the start of ‘Scoring zones’.  
  - Create more try lines. |
| **Plenary** |             |                                     |
| * Refresh learning objectives  
  * Questions: When in a good time to pass the ball? What is the correct passing technique? | | |