# Year 2 Tag Rugby – Lesson 2 Passing (Ball familiarisation and basic technique)

**Learning objective:** 1. Pass and receive the ball with control using good technique 2. Work in a team to pass over different distances

## Lesson Structure

<table>
<thead>
<tr>
<th>Taggers and passers</th>
<th>With timings</th>
<th>Differentiation (Extension/Support)</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>Select 5 children to be taggers- these children can only tag others who have a ball.</td>
<td>Extend: Children can try and pass before they get tagged. Increase the distance of passes.</td>
<td>Support: Larger/ softer balls. Increase the space available.</td>
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<tr>
<td>Give 5-8 balls to the others in the group. If a ball carrier is tagged they must stop and pass the ball to someone else and then complete 5 star jumps.</td>
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### Main (Development/ Application)

**How do we hold the ball in tag rugby?** With two hands on the widest part of the ball.

**Where should we pass from?** From the hip and then push our hands across our body.

**Passing Progression**

- Organise children into pairs- after competing two passes, both children can take a step back.
- If a ball is dropped the pair must start again from a shorter distance.

**How do we know our teammate is ready to receive the ball?** Hands up, fingers spread at chest height.

**Passing relays**

- In teams of 3, one by one, children must run around a cone 5-10m in front of them and then make a pass to the next person on the way back to the group. Repeat this for 1 minute and then recap the key passing points. Repeat again.
- Teams are lined up behind a starting cone. Try to avoid making lines of more than 3-4 so activity levels are high.

**How do we score a try?** Place the ball down on the floor, past the try line.

**Progress**

- Children can now score a try past the cone before making their pass back to the next person.
- Change the number of points a try is worth to challenge the children to add different numbers together.

### Plenary

- Refresh learning objectives
- Questions: Where should we hold the rugby ball? Which part of our body do we pass from? How do we show that we are ready to receive the ball?