**Year 4 Football Dribbling (Passing & Control)**

**Learning objective:** 1. To pass the ball in different ways. 2. To control the ball in different ways.

<table>
<thead>
<tr>
<th>Lesson Structure</th>
<th>With timings</th>
<th>Differentiation (Extension/Support)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Introduction/ warm up (Connection and Activation)</strong></td>
<td>5 mins</td>
<td>Football tag: 5 selected taggers in bibs. If tagged, child must adopt goalkeeper position, to be released other children must imaginary shoot and shout “goal.” Start at walking speed, progress to jogging, side stepping and skipping.</td>
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</tbody>
</table>
| **Main (Development/ Application)** | 20 mins | **Extend:**  
- Increase distance  
- Increase speed  
- Chipped pass  
- Volleyed pass  
- First time pass  
**Support:**  
- Take more touches to control ball  
- Roll the ball to each other  
| 10 mins | **Extend:**  
- Make gates small  
- Take first touch to the side of gate and make a diagonal pass back (not through the gate).  
- First time passes through gate – count the passes  
**Support:**  
- Make gates wide  
| 10 mins | **Extend:**  
- Encourage greater speed of movement  
- Repeat feint moves from week before  

**Plenary**

- Refresh learning objectives
- Questions: 1. Which different parts of your foot can you pass and control with? 2. Which part of the foot did you feel most comfortable passing and controlling with and why? 3. Why is controlling the ball important in a game?