# Year 4 Football Lesson 6 (Small sided games)

**Learning objective:**
1. To combine skills learnt in the unit to a game situation
2. To play a small sided game of football
3. To learn the rules of football

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<th>Lesson Structure</th>
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| **Introduction/ warm up (Connection and Activation)** | 10 mins | Extend:  
- Move at speed  
- Encourage use of both feet  
Support:  
- Ball in the hand – goalkeeping skills  
- Move at walking pace |
| Set up gates (two cones of the same coloured ½ metre apart) all around the area. Children with 1 ball between 2 or 3 move around the area. Combine all the skills learnt in unit so far; dribbling, turns & fakes, passing and control. Score points for travelling through gates. Select 3 pairs to become defenders for the final few minutes | | |

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| Split the children into 5 groups of 6 players and create 5 mini pitches with small goals. | 40 mins | Extend:  
- Make the goals smaller  
- First time finish to score  
- Limit number of touches per player – e.g 3 touch  
- All the team in opponents half to score  
- Play with a tennis ball  
- Play 2 v 4  
Support:  
- Expand size of goal or pitch  
- Play 4 v 2 with stronger team outnumbered  
- Play an adapted game with ball in hands (similar to netball) and rolled shot to score |
| Split the group of 6 into 2 teams of 3 to play 3 v 3. No goalkeepers. Pick teams based on assessment levels, so higher ability with higher ability. If you have odd numbers either play 4 v 3 or 3 v 3 + 1, with the extra player competing for the team in possession of the ball. Play short games of 5-7 minutes or first to 3 goals. Every 2 games, swap over opponents for each team. If teams are unfair swap players in teams. Evaluate: | | |
| Pick 2 teams (6 players) every round of games to watch and evaluate performance. Question them at the end of a round of games. Assess:  
- Skills – dribbling, passing and shooting  
- Teamwork & fair play  
- Tactics  
- Positioning  
- Playing to the rules | | |

| **Plenary** | | |
| Refresh learning objectives  
Questions: 1. What are the key skills involved in small sided games? 2. What is fair play in football? 3. Who was most successful as a team and why? | | |