# EYFS - Billy Goats Gruff

**Learning objective: 1.** To explore different ways of moving and balancing

## Lesson Structure

<table>
<thead>
<tr>
<th>Introduction/ warm up (Connection and Activation)</th>
<th>With timings</th>
<th>Differentiation (Extension/Support)</th>
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</thead>
</table>
| Get children to move around in different ways (walk, skip, hop, jump, crawl, jog). Pretend to be the very hungry Billy Goats Gruff looking for food. Children must try reach for the grass and trees to get as much food as possible without bumping into each other changing speed and directions | 5mins | Extend:  
- On teacher comment Troll all kids must freeze pretending being a Billy Goats Gruff  
On a command the Troll is gone all start moving again. |

<table>
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<tr>
<th>Main (Development/ Application)</th>
<th>With timings</th>
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| **Getting over the Bridge:** Using 2 cones create a gate, to act as the bridge. Set up 7-8 bridges. Children pretend to be the Billy Goats Gruff their task is to go through as many bridges as possible. | 10mins | Extend:  
- Get Billy goats to count how many bridges they have crossed without being caught by the Troll Swap children being “Trolls”  
- Make the gates smaller to make it harder  
Support:  
- Add more gates if necessary |
| **Progress**  
- There are some mean and very hungry Trolls (teacher choose few children in bibs) trying to eat the goats. Put a ‘Troll’ in between each bridge to protect the bridge. Billy goats try and sneak through the gate/ over the bridge without being tagged by a troll. | | |
| **The dream island relay:** Place children into teams of three goats and give them a hoop to sit behind In their teams children take turns at trying to get to the grass on the other side.  
1. Get past a troll (set up as above, but not as many bridges)  
2. Walk over a bridge without falling off (a bench facing length ways down the hall)  
3. Collect some grass (a piece of equipment) and return to your group. Place the grass into your hoop | 10mins | Extend:  
- Billy goats have to make a shape on the bridge (bench) and hold it for 3 seconds  
Support:  
- Crawl over the bench |
| **Very lazy Billy Goats Gruff**  
All Goats and Trolls are full and tired... they’ve eaten too much food. Their very tired, everyone finds their own space stretches their arms and leg while lying on the floor and pretends to go to sleep. | 5mins | |

## Plenary

- Refresh learning objectives:
- Questions: What different things did we have to do today as goats? What ways did we move? How did you make sure you got across the bridges safely?

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