# Year 1 Dino Dance Lesson 3

**Learning objective:** 1. Will be able to explore movement ideas and respond imaginatively to music. 2. Will be able to move confidently and safely in their own space, using changes of speed, level and direction.

## Lesson Structure

<table>
<thead>
<tr>
<th>Introduction/ warm up (Connection and Activation)</th>
<th>With timings</th>
<th>Differentiation (Extension/Support)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dino Dance <a href="https://www.youtube.com/watch?v=6dqx088Eif0">https://www.youtube.com/watch?v=6dqx088Eif0</a></td>
<td>5-10mins</td>
<td>Why do we need to warm up? How can we warm up?</td>
</tr>
<tr>
<td>Dino Stomp <a href="https://www.youtube.com/watch?v=Imhi98dHa5w">https://www.youtube.com/watch?v=Imhi98dHa5w</a></td>
<td></td>
<td>What happens to your heartbeat when you exercise?</td>
</tr>
</tbody>
</table>

## Main (Development/ Application)

<table>
<thead>
<tr>
<th>With timings</th>
<th>Differentiation (Extension/Support)</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-15mins</td>
<td>Dinosaur and jungle sounds <a href="https://www.youtube.com/watch?v=Dki8m3-rewY">https://www.youtube.com/watch?v=Dki8m3-rewY</a></td>
</tr>
<tr>
<td></td>
<td>Among the dinosaurs sounds <a href="https://www.youtube.com/watch?v=RAKHjnSjezZM">https://www.youtube.com/watch?v=RAKHjnSjezZM</a></td>
</tr>
</tbody>
</table>

### Let’s Explore:

In pairs Aim is to create a moving picture of movements whilst depicting a dinosaur.

*What is a moving picture? How can we make a moving picture?*

A) A Diplodocus eating from a really high tree
B) 2 triceratops charging at each other
C) A T-Rex chasing a small dinosaur
D) Student suggestion
E) A pterodactyl

#### Progress

- *If the music is slow & gentle, how could our dinosaur act? If the music is fast what could we do?*
  - Let chd explore 2 or 3 dinosaurs/situations in groups of 4. Allow time for discussion & development of ideas.

Ensure chd are responsible for creating a high quality pictures using a variety of movement.

#### Performances

Ask some children to show their moving pictures to another group, see with the other group can guess what is happening when the children have finished.

10-15mins

### Plenary

- Refresh learning objectives
- Questions: *Why do they think that child is that dinosaur? What did they observers like about the performers dance?*

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*www.moving-matters.org*