**Year 5/6 Netball Lesson 4**

**Lesson Objectives**
- To develop passing speed and accuracy.
- To be able to use combination passes with team mates

**Lesson Structure**

<table>
<thead>
<tr>
<th>Introduction/ warm up (Connection and Activation)</th>
<th>With timings</th>
<th>Differentiation (Extension/Support)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pupils embark in a tagging game in order to develop skills such as dodging, fainting and moving into space. All skills required to be successful in netball.</td>
<td>5-10 min</td>
<td>The pupils are put into groups that will help develop their learning. Where necessary a higher ability pupil will work with a lower ability pupil in order to coach them and enhance their learning.</td>
</tr>
</tbody>
</table>

**Introduction**

Pupils are split into groups of four and are given one ball to execute a continuous passing drill.

**Discuss: KP1**

Let students practice.

**Development:**
- Passing accuracy
- Passing at a fast tempo
- Passing and moving
- Vision

**Application:**

Pupils are split into groups of four. They will then form a square or rectangle and execute a continuous passing drill. Player “A” passes to player “B” with the catch at point D. As the exercise develops passes will become sloppy with passes made too late (catcher has to stop and wait) or too soon (catcher doesn’t get to the ball) In this development, player “B” on making the pass runs to where player “C” started from. Keep on as before with the thrower always taking the place of the catcher.

The drill continues to follow the same pattern. “C” passes to “A” at point “D” but as soon as the ball has left her hands, runs across to take the place of “A”

**Progression**

These two drills can be developed in any number of ways, using particular passes, changing the square to a rectangle so that the runs are different. This last progression can be used to help a GK, GD work together so that having passed the ball they re-position themselves on court Pupils will then play small sided matches. This will consist of approximately 4 vs 4.

**Cool Down**

Long, slow steps around the area, also gently swinging arms in a large circle (forwards then sideways each way)

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| 5 min | Teaching Points
Accurate passing
Working hard to develop movement
Development of passing with speed. |
| 10 min | Set up separate areas for different abilities (small area for highly competent, large for less able) The groups will be split into mixed ability groups and then the higher ability groups will be in charge of arranging the positions and coming up with effective tactics to progress the lower ability pupils learning. Teaching Points
High tempo
Good accurate passing
Running into space
Passing at speed. |