Basketball, Year 4, Lesson 4 Objectives

Jump Shot
To develop their understanding and knowledge of how to execute a successful jump shot. To develop an understanding of the importance of width and playing into space in order to attack.

Lesson 4 Structure

<table>
<thead>
<tr>
<th>Continuous Relay</th>
<th>5 min</th>
<th>Differentiation (Extension/Support)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continuous Relay</td>
<td>5 min</td>
<td>Extension: Add a special ball that can be passed to other teams.</td>
</tr>
</tbody>
</table>

Introduction/ warm up (Connection and Activation)  
Same as the previous week, however add in dribbling and passing a basketball at each stage.

Start each team with 1 basketball. Teams must dribble the ball when they have the ball and pass it to a team mate if they are coming towards them (from the opposite direction).

Add more in if they can show good communication (call name, eye contact, point fingers towards target at end of pass)

Introduction
Explore shooting for height and accuracy.
Get students to shoot against a point on the fence/ wall.

Get students to work in pairs and provide feedback for their partner (based on KP3)

Main (Development/ Application)  
Application: Shooting competition.
Place students into teams, in front of a hoop or target on a fence/ wall.
Place a set of markers behind each line of students.
When a team member makes a shot the team gets to move back to the next marker.

Cool Down
Gentle stretching.

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